

## METHOD FOR ADMINISTRATION OF IGF-I

### Abstract of the Disclosure

5           A method is disclosed that comprises administering insulin-  
like growth factor-I (IGF-I) to a mammal so as to sustain its  
biological activity in the mammal comprising administering a  
therapeutically effective amount of IGF-I to the mammal to provide  
an exposure to IGF-I for a period of time that stimulates the  
10 maximum biological response in the mammal, then discontinuing said  
administration for a period of time equal to or less than the time  
period used for administration, and repeating this pattern of  
administration and discontinuance of administration for a period as  
long as necessary to achieve or maintain the desired biological  
15 response in the mammal.